

## Examples of Modalities Offered

(Those in bold are most commonly requested)

Adoption and Foster Care

Advanced Degree Information

AIDS Education

Air Purification

Allergy and Asthma Prevention

Aromatherapy

**Ask-a-Dietician**

Auto Dealers (enviro. friendly cars)

**Back Safety/ Chiropractic**

**Breast Health Education**

**Cancer Awareness**

Child Abuse Information

Child Care Resources

Child Developmental Organizations

Children's Educational Products

**Continuing Education**

Cosmetic Surgery

Credit Counseling

Crime Prevention

**Dental Care/ Dentistry**

Earthquake Safety Info

Elder Care

**Environmental Products**

Ergonomics

Feet and Legs Health Info

Feng Shui Consultations

Figure Enhancement

**Financial Planning**

Fitness Clothing

**Fitness/ Exercise**

Fine Arts and Theater Info

Food Vendors

**Healthy Snacks**

Green Foods

Restaurants

**Grocery Stores**

**Functional Diagnostics/ Personalized Medicine**

Fun and Educational Toys

Green Dining (green certified restaurants)

Green Construction/ Home Improvement

**Green Living**

Gymnastics for Children

Healthy Hands and Nail Care

**Healthy Heart Awareness**

Home School Information

Home Security

How to Qualify for a Home Loan

Image Consultations and Makeovers

Immune Support System Information

In Home Health Care

Insurance

Car

Home

Health Care

**Long Term Health Care**

Renters

**Lasik**

Legal Services Info

Leisure Activities (clubs, parks, tourism ,etc)

Longevity and Anti-Aging

Long Term Care

Magnetic Therapy

**Martial Arts and Self Defense**

Maternity and Early Childhood

Mens and Womens Health Services

**Mini-Massages**

**Massage Therapy**

**Money Management Education**

Natural Hormone Replacement

**Nutritional Product Samples and Info**

**Nutritionists**

**Oriental Medicine and Acupuncture**

Parenting Info/ Groups

Pediatrics and Immunization

Personal and Professional Growth

Pet Health

**Physical Therapy and Rehab**

Purified and Distilled Waters  
Reproductive Health  
Ride Share Program  
Safety at Home and On the Job  
Self-esteem and Life Skills Management  
Smoking Cessation

**Relaxation Spa Services**

Speech Therapy Info  
Sporting Goods

**Stress Management**

Substance Abuse and Rehab  
Sun Damage Screening  
Travel and Auto Safety  
Water Treatment Info

**Weight Management**

Wills and Estate Info  
Work Station Wellness  
Yoga Classes/ Instruction

**NON-PROFITS**

American Cancer Society  
American Heart Association  
MADD  
American Diabetes Association  
Juvenile Diabetes Research Fndtn  
Arthritis Foundation  
Office of Emergency Services  
San Diego Autism Society  
American Council on Exercise  
MS Society